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#### KEY WORDS

- ✓ Cardiovascular diseases
- ✓ Disease management
- ✓ Self-awareness
- ✓ Validity
- ✓ Reliability

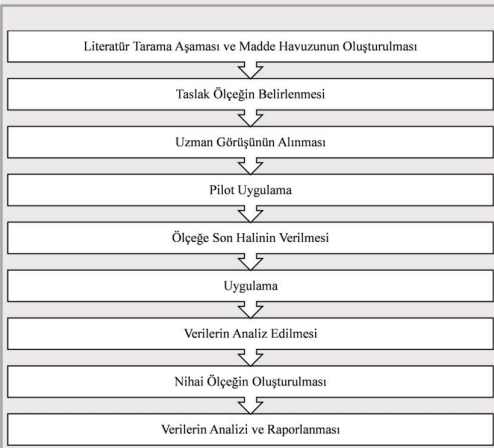
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## DISEASE MANAGEMENT SELF-AWARENESS SCALE IN PATIENTS WITH CARDIAC DISEASE: SCALE DEVELOPMENT, VALIDITY AND RELIABILITY STUDY

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#### THESIS ABSTRACT

The aim of this study is to develop a valid and reliable measurement tool to assess the level of self-awareness in disease management among cardiac patients.

#### APPLICATION AREAS OF THE THESIS RESULTS

It was concluded that the developed scale is a valid and reliable instrument for measuring the level of self-awareness in disease management among cardiac patients.

#### ACADEMIC ACTIVITIES

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